

# 2023 NSWCCPS/NSWCCC Cross Country Championships



## Program of Events

7:30	Team Managers Arrival Course Officials Meeting
7:45	Walk The Course gates open ( <b>Primary only</b> ) 2km and 3 km
8:00	WALK THE COURSE - Gates shut <b>Virtual Walk the Course will be available from the csnsw.sport portal for secondary students</b>
8:40	Marshal event 1
8:45	Marshal event 2
8:45	Welcome & Opening
8:55	Marshal event 3
9:00	Marshal event 4

*Marshalling for each event will be 25 minutes prior to scheduled event time*

Event #				
1	9:05	8/9 Years Boys	2000m	Polding
2	9:10	8/9 Years Girls	2000m	MacKillop
3	9:20	8/9 Years Boys	2000m	Polding
4	9:25	8/9 Years Girls	2000m	MacKillop
5	9:35	10 Years Boys	2000m	Polding
6	9:40	10 Years Girls	2000m	MacKillop
7	9:50	10 Years Boys	2000m	Polding
8	9:55	10 Years Girls	2000m	MacKillop
9 - 16	10:05	Multi Class 8 - 12+ Years Boys & Girls*	2000m	Polding
17 - 24	10:10	Multi Class 8 - 12+ Years Boys & Girls*	2000m	MacKillop
<i>* Polding / MacKillop Athletes in a Multi class events will be combined</i>				
25	10:30	11 Years Boys	3000m	Polding
26	10:35	11 Years Girls	3000m	MacKillop
27	10:45	11 Years Boys	3000m	Polding
28	10:50	11 Years Girls	3000m	MacKillop
29	11:00	12/13 Years Boys	3000m	Polding
30	11:05	12/13 Years Girls	3000m	MacKillop
31	11.15	12/13 Years Boys	3000m	Polding
32	11:20	12/13 Years Girls	3000m	MacKillop
<b>NSWCCC -Secondary events</b>				
33 35 37	11:30	Multi Class 12-17+ Years Boys*	3000m	CCC
34 36 38	11:35	Multi Class 12-17+ Years Girls*	3000m	CCC
<i>* NSWCCC Multi Class events will be combined</i>				
39	11:45	17 Years Boys	6000m	CCC
40	11.50	18+ Years Girls	6000m	CCC
41	11.55	16 Years Boys	6000m	CCC
42	12:15	13 Years Girls	3000m	CCC
43	12:20	13 Years Boys	3000m	CCC
44	12:30	12 Years Girls	3000m	CCC
45	12:35	12 Years Boys	3000m	CCC
46	12:45	17 Years Girls	4000m	CCC
47	12:50	18+ Years Boys	8000m	CCC
48	1:00	16 Years Girls	4000m	CCC
49	1:05	15 Years Boys	4000m	CCC
50	1:10	15 Years Girls	4000m	CCC
51	1:20	14 Years Boys	4000m	CCC
52	1:25	14 Years Girls	4000m	CCC

*The Convenor reserves the right to alter the program of events without prior notification*